

February 29, 2016

To Whom It May Concern,

I am writing this letter in support of Bill – H.B. No. 5467 An Act Establishing a Red Ribbon Pass Program

This year our school had an opportunity to work with Dr. Fede, a Professor of Physical Education at SCSU. Students at SCSU along with Dr. Fede worked with our teachers and students to model implementing physical activity in short bursts during the school day to help children be more ready and available for learning.

We have noticed a difference in many of our students when we stop and take breaks to exercise and discuss wellness in regards to physical activity and eating healthy to help our bodies.

Because many of our students live in apartments and multi-family homes, they don't have proper areas to be outside and get exercise after school. Although we could never make up the many hours they spend at home, incorporating as much movement and physical activity during the school day is so important for all our students to be successful in life; emotionally and physically.

With the help of Dr. Fede, her students and our physical education director we have found creative ways to incorporate learning and movement for the betterment of our students.

I fully support Bill # 5467 to recognize schools that create Physically Active School Systems as a Red Ribbon Schools!

Sincerely,

Stacie D'Antonio, Principal
Church Street School